

Lesson Plan

Class: B.Sc. (Home Science) I Semester

Course Name: Introduction to Human Development

Course Code: B23-HSC-103

Course Type: CC

Teacher Name: Dr. Renu Shah

Month	Topic	Teaching method
August	Human development: Importance, scope and multidisciplinary nature of Human Development	Lecture, Blackboard/Whiteboard, Discussion
	Human Growth and Development: meaning, concept and principles	Lecture, Presentation, Blackboard/Whiteboard, Discussion
	Factors influencing growth and development	Lecture, Presentation, Diagram, Blackboard/Whiteboard, Discussion
	Differences between Growth & Development	Lecture, Presentation, Blackboard/Whiteboard, Discussion
	Historical trends in human development	Lecture, Blackboard/Whiteboard, Discussion
September	Theories of Development: Psychoanalytic theory of Sigmund Freud, Cognitive theory of Piaget and Psychosocial theory of Erik Erikson	Lecture, Presentation, Diagram, Blackboard/Whiteboard, Discussion
	Stages and domains of human development throughout life span	Lecture, Presentation, Diagram, Blackboard/Whiteboard, Discussion
		Lecture, Presentation, Diagrams,

		Blackboard/Whiteboard, Discussion
October	Developmental tasks during life span including physical, motor, social, emotional, cognitive, language and moral development Methods of Child Study and data collection - observation, interview, questionnaire, case study, cross-sectional, longitudinal methods.	Lecture, Presentation, Diagrams, Blackboard/Whiteboard, Discussion Lecture, Presentation, Diagrams, Blackboard/Whiteboard, Discussion
November	Learning: definition and concept, types, factors affecting learning process Intelligence: definition and concept, IQ, Measurement of intelligence, factors affecting intelligence. Revision of syllabus, doubt, doubt clarification Class tests/Sessional	Lecture, Presentation, Blackboard/Whiteboard, Discussion Lecture, Presentation, Blackboard/Whiteboard, Discussion Interactive Discussion Assessment