

LESSON PLAN

Class : Bachelor of Home Science 1st Sem

Course Name : Fundamentals of Clothing and Textile

Course Code : B23-HSC-102

Course Type : CC-C1

Teacher Name : Shabnam Vaid

Month	Topic	Teaching Method
August	• Importance & scope of clothing & textile. • Basic terminology used for clothing and textile. • Parts of the basic sewing machine, its care, maintenance & functioning. • Study of different types of sewing machines and their use in the garment industry.	Lecture, PPT, Demonstration
September	• Factors affecting selection of clothing. • Clothing requirements of different age groups. • Comparison of tailor-made, readymade and homemade garments. • Textile Fiber: Definition & Classification of fiber. • Difference between natural & man made fibers. • Manufacturing & properties of Natural fibers: Cotton, Wool, Silk. • Man made fibers: Nylon, Rayon & Polyester.	Lecture, Discussion, Charts
October	• Yarn: Definition and process of yarn making (S twist and Z twist). • Basic principles of yarn making (mechanical, chemical spinning: wet, dry & melt). • Classification and types: Simple, filament, spun, novelty, complex yarns. • Properties of yarn: Elasticity, plasticity, strength & elongation.	Lecture, Demonstration, Practical
November	• Revision of Units I–IV. • Doubt Clearing. • Class Test and Viva.	Discussion, Assessment